



# Post-Employment Care Programme

Enjoy seamless continuation of your existing wellbeing support, no matter your next steps.

## Key Objective:

Bytedance has partnered with Intellect to ensure post-employment support is provided to all employees at no extra cost. This feature allows employees to have continued access to Intellect for a period of 6 months from their last working day.

## Necessary Steps to Activate Post-Employment Support:

### Requesting Post-Employment Care

Employees can request for post-employment care by filling in the form before their last working day: <https://intellect.co/post-employment-care/>

Employees will need to provide the following information:

- First and last name
- Work email
- Organization Name
- Personal Email
- Final Date of Employment

After submitting, team members will be asked to 'verify' their work email address. If they no longer have access to their work email, they can reach out to [support@intellect.co](mailto:support@intellect.co)

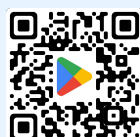
### Accessing Post-Employment Support

After the verification process, employees will have access to post-employment care for 6 months following their termination date.

The following services are included:

- Full premium access to Intellect's Self-care app
- 18x Virtual Clinical Sessions

Please be reminded that all information shared through the Intellect app is kept completely confidential. Your organization or anyone else will not have record of any of your data. For more information on privacy, refer to Intellect's [Privacy Policy](#).



Download the Intellect app today and use the code: **BRINGJOY** and your **Bytedance Email** when creating your account.